



eLighten.org

"It's the Lipstick" (Axiatonal lipstick!)

That's what she said when I asked her what her family thought about her physical, structural changes.

Of course it was.

Her changes didn't have anything to do with the fact that she had spent 1 1/2 hrs on my table. The fact that she is now almost 2 inches taller, standing straighter, and glowing. That her scoliosis was gone. It was the lipstick. Her family wanted the name of the new brand of lipstick that she had bought.

We laughed about it, and the simple acknowledgement that many people are uncomfortable with sudden changes, and are not able to see what is presented before their very eyes.

It was the lipstick.

So many times I have spoken with other practitioners, and found that although our clients have had tremendous response, huge changes, and were now changing before our very eyes, the response to those changes may be defined by a limited perception. The immediate response to those changes may be denial, and a retraction of our newly expanded self, a retreat into our "familiar, safe" territory.

People are challenged by "miraculous" instantaneous change. Even the desire to participate in them calls up disbelief, skepticism, and nervous laughter. Miracles happen all the time. But unless something life changing has been defined or acknowledged by the scientific community, and has been "proven" it is not worthy of participation. A healthy end result will be defined as an accident, or spontaneous remission.

We Hue-mans have been indoctrinated against easy, effortless change. We have been told repeatedly that healthy change takes time, money, pain-- and then usually doesn't work without long-term (read chemical) support. This indoctrination serves to maintain a wall of fear, limitation, and dullness, not provide and support brilliance and growth.

This simple planet wide indoctrination keeps people from experiencing their innate fullness of potential.

As limitless beings of light, we have adopted a frame of reference that is being challenged now, more than ever. We accept that we can walk on the moon, but can't accept that we can straighten a scoliotic spine with an energy session, in under 2 hours. We expect to speak and clearly see a person on the other side of the globe, but can't accept that cancer tumors will dissolve under someone's hands, or with prayer. We accept that we may be able to someday speak to dolphins, but still decide to genetically alter other species, rather than speak to them, asking for cooperation in issues that may be hazardous to us and our planet.

We Hue-mans have the ability to change our frames of reference, and we have a mandate as conscious, curious beings of Light to do so. By deciding to look within, to experience, and participate rather than focus on the lipstick, we may have the ability to change our frame of reference, move beyond our nervous laughter to see what is happening, and what we have the ability to participate in: our future.

We are beings of energy. Energy becomes form. We are similar to radio, and television, we are constantly receiving information. That information is translated into form. Who we are, what we do, and how we connect is fundamentally supported by energy, as information. How that energy is translated is through our beliefs. Our beliefs form our frame of reference. Our frame of reference will either keep us isolated, or support us in our growth.

Years ago, I was asked in an interview to give an example of the close connection between body, mind, and spirit. The example is a blush. It is only a thought. An intangible idea, and it has the ability to affect the entire physiology of a person within a heartbeat. Heartbeat, respiration, and circulation are all shifted immediately in response to an unseen, unheard, unconscious (SUBCONSCIOUS) command.

As hue-man beings, we have the ability to learn, grow, and expand. We have the ability to change our environment, and ourselves. As easily as we change a thought, or are changed by a thought.

The changes in a person as a result of a session may, or may not be conscious. But, the lipstick is available for everyone to try.

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